

# THE LIGHTUP LAB

## EXECUTIVE COACHING BY ELINA TEBOUL, J.D., M.A.

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Elina employs a whole-person coaching style that inspires her clients to realize their full potential and generate superior business results. Through a creative and thought-provoking process, Elina helps clients thrive by fostering self-awareness and emotional intelligence.

In client engagements, Elina draws on her professional background in law, entrepreneurship and philanthropy, giving her a unique perspective on the opportunities and challenges her clients are facing. Elina uses a pragmatic and empathetic approach to help create and sustain performance at the individual, team and organizational level. Elina's coaching emphasizes the strengths, values and competencies of her clients, and the environments that shape their experiences.

Elina works with each client to customize the overall coaching experience to their goals and preferred learning styles. Following a deep assessment into context and mindset, Elina designs a plan for growth and immersive learning. She challenges her clients to push through boundaries and achieve transformative growth.

## EXPERIENCE

Elina began her career as an investment management attorney at the law firm Davis Polk & Wardwell LLP and the Global Markets Department of Credit Suisse. Working with large clients on complex financial and corporate issues, with a focus on structuring and compliance of hedge funds and private equity funds.

Elina is avidly working to change the culture of the legal profession and is a frequent writer and speaker on lawyer personal and professional development. She is an adjunct Professor of Law at Fordham Law School where she teaches a course in "Positive Lawyering" – an innovative new curriculum focused on how developments in positive psychology, resilience and emotional intelligence can be leveraged to produce positive and peak performance lawyering. She is also a frequent guest lecturer at other leading academic institutions, such as Penn Law and Columbia Law.

Elina is passionate about philanthropy and social entrepreneurship and previously served as global philanthropic project adviser for the Allan & Gill Gray Foundation.

## EDUCATION AND QUALIFICATIONS

- M.A. Psychology, Columbia University, Teachers College
- J.D. Columbia Law School, Harlan Fiske Stone Scholar
- B.A. Economics, New York University, Magna Cum Laude
- Columbia University Executive Coaching Program